



## THE SPEAKERS

### **Professor Michael Cousins**

#### **Chair, National Pain Summit Steering Committee**

Professor Michael Cousins has worked in the field of persistent pain for over 40 years as a clinician, researcher, educator, administrator and community advocate.

He developed two major interdisciplinary pain centres, one at the Flinders Medical Centre in Adelaide and the second at Royal North Shore Hospital, University of Sydney – the Pain Management Research Institute (PMRI).

He is the author of over 250 peer-reviewed publications as well as three books. He served as the founding President of the Australian Pain Society and founding Dean of the Faculty of Pain Medicine.

He was a long-serving councillor of the IASP and served as its president from 1987 to 1990. He has also served as president of the Australian and New Zealand College of Anaesthetists (ANZCA) and chair of the Presidents of Medical Colleges (PMC).

He was also a councillor of the National Health and Medical Research Council of Australia and is a councillor of the Australian Medical Council.

### **Dr Norman Swan**

#### **Facilitator, National Pain Summit**

Host of the "Health Report", on ABC Radio National, presenter of "Health Minutes" on ABC NewsRadio and health commentator on ABC Television's "Catalyst", Dr Norman Swan, is a multi-award winning broadcaster and journalist. He is also managing director of GSB Consulting and Communications Pty Limited.

One of the first medically qualified journalists in Australia, Norman was born in Scotland, graduated in medicine from the University of Aberdeen and later obtained his postgraduate qualifications in paediatrics.

Joining the Australian Broadcasting Corporation in 1982, Norman was named Australian Radio Producer of the Year in 1984 and was awarded a Gold Citation in the United Nations Media Peace Prizes for his radio work. He has won three Walkley National Awards for Australian journalism, including the prestigious Gold, and Australia's top prize for Science Journalism, the Michael Daly Award, twice.

In 2004 he was awarded the Medal of the Australian Academy of Science, an honour that had only been given three times and the Royal College of Physicians of Glasgow made him a Fellow. In 2006 he was given a Doctorate of Medicine Hon Causa by the University of Sydney during its medical school's 150th anniversary.

Norman was co-host of the social affairs program, "Life Matters" on ABC Radio National for five years and is frequently a guest host on "Late Night Live" and Radio National's news and current affairs "Breakfast" program. He also edits his own newsletter, "The Choice Health Reader", which is published in partnership with CHOICE.

On television, in addition to "Catalyst", Dr Swan hosted its predecessor, "Quantum", and has been a reporter on "Four Corners". He hosted "Health Dimensions" on ABC Television, and created, wrote and narrated a four-part series on disease and civilisation, "Invisible Enemies", made for Channel 4(UK) and SBS Television. This has been shown in twenty seven countries. He also co-wrote and narrated "The Opposite Sex", a four-part series for ABC Television.

Norman Swan has been the Australian correspondent for the *Journal of the American Medical Association* and the *British Medical Journal* and consults for the World Health Organization in Geneva. In late 2008 Norman chaired a global meeting of health ministers in West Africa which pursued the goal of making health policy evidence-based and is facilitating a follow up meeting in Singapore in October 2009.

## **Ms Helen Owens**

### **Patient's story**

Helen Owens is a health economist and has spent much of her career in the public sector.

She has a B.Ec (Hons) and M.Ec from Monash University.

She retired from full time work in 2006. She is a member of the Southern Health Network Board in Victoria, chairing the Primary Care and Population Health Committee and a member of the board Quality Committee. She is also a member of the Victorian Cancer Agency and Refugee Health Research Consortium. She undertakes health policy consulting roles, including as expert strategic advisor to the Victorian Department of Premier and Cabinet on national health reform.

Helen was a full-time Commissioner on the Commonwealth Government's Productivity Commission (1993 to 2006) and part-time member of the Commonwealth Grants Commission (2004 to 2006). In the former position she had special responsibility for matters relating to the social effects of economic adjustment and social welfare service delivery.

She directed national inquiries and research referred by government, including many relating to the health sector. These included inquiries into Research and Development, the Pharmaceuticals Industry, Private Health Insurance, Medical and Scientific Equipment Industries, the Disability Discrimination Act 1992 and Implications of the Future Ageing of Australia's Population.

Commissioned and other research projects she directed included into private hospitals in Australia, International Pharmaceutical Price Differences, General Practice Administrative and Compliance Costs and Impact of Advances in Medical Technology.

She has held a number of academic positions at Monash and Melbourne universities, including Associate Professor and Deputy Director of the National Centre for Health Program Evaluation, Monash University. She has also worked as health policy adviser to the Victorian Premier, casemix consultant to the Australian Hospital Association and Director at KPMG. She has sat on a number of Boards and Committees, including the CSIRO Health Sector Advisory Council, Australian Health Technology Advisory Committee, the Economic Sub-Committee of the Pharmaceutical Benefits Advisory Committee, and the (then) Victorian Accident Compensation Commission and Royal Melbourne Hospital boards.

## **Mr Kieren Perkins**

### **Carer's story**

Few understand what it takes to achieve exceptional performance more than Kieren Perkins. With 11 world records, two Olympic gold medals, two Olympic silver medals and more than a dozen Commonwealth and world championship swimming medals, Kieren's sporting achievements are legendary. During two decades in the pool, Kieren performed remarkable achievements and cemented his place as a superb role model.

Kieren was also an integral member of the Australian delegation sent to Monaco in 1993 to bid for the 2000 Olympics. He and the bid team were successful and Sydney went on to host the 2000 Games.

Since his retirement from swimming in 2000, Kieren has been transferring his knowledge and experience in creating sustainable elite performance to businesses around the world, including working with NAB, MLC, Toyota, Lexus, Johnson & Johnson, Honeywell and Pfizer. He is a board member of the Starlight Foundation and the ANZCA Foundation.

His wife of 13 years, Symantha, has been a chronic migraine sufferer since the age of five. However with each of the births of their three children, Symantha's condition deteriorated and has required significantly higher levels of intervention and care.

Kieren was made an honorary Doctor of Philosophy by Queensland University. He is now the Head of Business Development and Acquisitions, NAB Private Wealth Qld.

## **Mr Tim Piper**

### **The economic burden of pain**

Tim Piper is the Victorian Director of the Australian Industry Group which represents nearly 9000 manufacturing, IT, telecommunications, construction and utility companies across the country, with more than 3500 members in Victoria.

Prior to working with AI Group, Tim was Executive Director of the Australian Retailers Association – Victoria (ARAV) for five years.

Tim has practiced as a barrister and solicitor in Australia and the UK and worked as a journalist in television, radio and newspapers. He has also completed an MBA.

Tim is a director of a number of companies, including the Microsurgery Foundation, and sits on Government advisory committees such as the Victorian WorkCover Advisory Committee, the Minister's Climate Change Adaptation Reference Council and chairs the Manufacturing Skills and Training Taskforce. He is also Chair of both the Industry Capability Network (ICN) and the EPA's HazWaste Panel, and is a member of the Mt Hotham Resort Board of Management. He has also been an Australia Day Ambassador for the past five years.

Tim was also a recipient of the Centenary Medal for services to the business community.

## **Dr Phillip Lippe**

### **Chair, USA Pain Summit**

Philipp M Lippe is a neurosurgeon and pain medicine specialist who has been a leader in the USA in the pain field.

He was chairman of the US Pain Summit held under the umbrella of the AMA in November 2009.

Dr Lippe was also the inspiration for the US "Decade of Pain Control and Research" a project that led to the US Congress passing a bill to commence the decade on January 2001.

In recognition of his contributions, the American Academy of Family Physicians created the Philipp Lippe Award for outstanding contributions to the social and political aspects of pain.

## **Dr Mary Lynch**

### **President, Canadian Pain Society and Chair, National Pain Initiative of Canada**

Dr Mary Lynch is professor of psychiatry, anesthesia and pharmacology at Dalhousie University. She is Director of the Pain Management Unit, Queen Elizabeth II Health Sciences Centre and Capital District Health Authority, Halifax, Nova Scotia.

Dr Lynch has 20 years of experience as a clinician assisting patients with chronic pain. She is the author of the self-help manual "Surviving Your Personal Injuries Claim and Litigation".

Dr Lynch chaired the Canadian Pain Society (CPS) Wait Times Task Force and has gone on to co-chair the CPS Task Force on Service Delivery, the International Association for the Study of Pain Task Force on Wait times and serves as President of CPS.

Her research interests have focused on the development of new agents for the treatment of neuropathic pain, integrative care in chronic pain management, development of wait-times benchmarks and strategies for service delivery.

She is principal investigator of the Canadian Foundation for Innovation funded Canadian Pain Trials Network, founding director of the Canadian Consortium for the Investigation of Cannabinoids and was awarded a Mayday Fellowship and the Dr Helen Hays Award for Excellence in Pain Management.

## **Dr Cathy Price**

### **Executive member, Chronic Pain Policy Coalition, British Pain Society**

Dr Cathy Price is a consultant in Pain Medicine at Southampton University Hospitals Trust in the UK.

In 2003 in response to significant pressures on the services, the local health community took the innovative step of shifting specialist pain management care out of hospital and adopting a whole systems approach to management. For this, Cathy and her manager received a Medical Futures Innovation Award for Leadership in 2005 from McKinsey.

She has been a member of the British Pain Society Council 2006-9 and is an executive member of the UK Chronic Pain Policy Coalition. She assisted with production of the Chief Medical Officers report on pain in 2009.

She is also vice chair of the clinical leadership arm of the local health board.

## **Mr David Falconer**

### **Director, Pain Association of Scotland**

David Falconer has been the National Director of Pain Association Scotland for almost 21 years. He has been instrumental in the development and delivery of its service which has now become the approved and preferred provider by the Scottish Government's Chronic Pain Steering Group.

The association delivers self-management programs in collaboration with the NHS chronic pain services and a rolling maintenance program is delivered through a network of 32 local groups on a monthly basis for people burdened with chronic pain.

It is also contracted to deliver a similar service in North-East England.

## **Dr Brenda Lau**

### **Director, Surrey Memorial Hospital Pain Management Clinic**

Dr Brenda Lau completed her fellowship training in pain medicine with the Royal North Shore Hospital Pain Management and Research centre in 2006 in Sydney.

She also completed her Master of Medicine degree in Pain Management with Professor Michael Cousins in 2007 with a focus on the impact of health policies and health system reforms on multidisciplinary pain centers.

In 2008, she restarted her anesthetic and interventional pain management practices at Surrey Memorial Hospital and St Paul's Hospital. She is a Clinical Assistant Professor with the University of British Columbia, the Director of the Surrey Memorial Hospital Pain management clinic, and a member of the Canadian Taskforce on establishing Royal College specialty recognition for pain medicine.

Her interests include post-surgical pain syndromes, neuropathic and axial spine pain, and pain service systems.

## **Dr Penny Briscoe**

### **Dean, Faculty of Pain Medicine, Australian and New Zealand College of Anaesthetists (ANZCA)**

Dr Briscoe has been involved in pain management for 25 years.

She says the changes in that time in our understanding and management options for chronic pain have been phenomenal.

She says, however, we still have a long way to go to provide timely and appropriate pain management for the 20% of Australians who are afflicted.

Having been awarded Foundation Fellowship of the Faculty of Pain Medicine ANZCA in 1998, Dr Briscoe has been on the Board of the Faculty of Pain Medicine, ANZCA since 2000. She was chief examiner of the Faculty examination from 2000 through to 2008 when she took on the role of Dean.

She says it has been exciting to see the growth over 10 years, both in numbers of Fellows and in the specialty's standing among its peers and the community.

In 2005, the Australian Medical Council recognised pain medicine as a speciality. Dr Briscoe says she is proud to be involved in a young speciality - and the National Pain Summit - so outcomes for all Australians can be improved.

## **Professor Stephen Gibson**

### **President, Australian Pain Society**

Professor Gibson has been involved in pain research for more than 20 years and is the Deputy Director of the National Aging Research Institute (NARI) and Director of Research at the Caulfield Pain Management and Research Centre.

He is also the President of the Australian Pain Society and is an executive member of the IASP special interest group for pain in older persons. Professor Gibson is a registered psychologist and holds the position of professor within the Department of Medicine, University of Melbourne.

He was awarded the 2006 Pfizer international visiting professorship in pain medicine and remains active in clinical practice via his involvement with multidisciplinary pain management centres. He has contributed to more than 100 peer-reviewed publications and is on the editorial board of several leading scientific journals.

His research interests include studies on pain assessment in persons with dementia, age differences in pain and its impacts, fMRI responses to pain, as well as the implementation of pain management guidelines into the residential aged care sector.

## **Ms Coralie Wales**

### **President, Chronic Pain Australia**

As a specialised pain educator and counselor, Ms Wales helps people live with chronic pain. She is the voluntary President of Chronic Pain Australia and advocates for the rights of people living with chronic pain.

Having worked with people in pain for more than a decade she believes that helping people manage pain requires attention to contextual as well as individual factors.

Sitting in a culture where the subtleties of less visible disability and impairment are subject to social and economic discrimination, chronic pain becomes a challenge for the community. It is her view that people living with chronic pain suffer needlessly and are frequently deprived of those normally expected human rights Australians enjoy: to be heard and believed and to “get a fair go”.

She says working with people living with chronic pain is a specialised vocation. She will submit her PhD shortly about the challenges facing Australian rehabilitation professionals in their work with people experiencing chronic pain.